



## What's inside?

Below the surface of personality, attitude, behavior, and performance are barriers that interrupt progress. Corporations and individuals around the world are breaking through.



## Self-development through Personal Coaching

Would you like a better life? Having improved performance, stronger and healthier relationships, increased self-awareness, and greater leadership capacity may be far easier to achieve than you think – but you won't get there by doing what you've always done.

Continuing research by neuroscientists explains why traditional approaches to personal growth and development rarely produce sustainable or significant change in a person's life. Their research concludes that "habits of thought" are the primary cause of personal failure and frustration. Simply put, to realize long term changes in our lives requires making real changes in the way we think! There are NO shortcuts!

The unique and powerful 6 Advisors™ Assessment and Coaching Curriculum can help you to:

- Identify habits of thought; those that support and those that sabotage your efforts.
- Apply proven neuroscientific principles in creating and developing new habits of thought.
- Dramatically increase your capacity for thought mastery.
- Recognize Pivotal Moments™, turning choice into action, bringing your dreams into reality.

Habits of indecision, procrastination, damaging reactionary behavior, low self-esteem, limiting beliefs, fears of the future, disappointing failures in yourself or others, or a host of other sabotaging thoughts stand between where you are now and who you can be.

The truth is, there is only one thing you have control of – your thoughts. Most people are living life at the mercy of their thoughts, rather than being in command of them. **YOU CAN CHOOSE!** Learn how to take control of your thoughts and transform your life! Or, maintain the status quo, safe but dissatisfied. You know what you want... don't put it off any longer.

**YOU are the secret. THIS is the science. NOW is the time.**

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For a **FREE** introduction to your 6 Advisors™, go to:  
**[www.6advisors.com/intro](http://www.6advisors.com/intro)**

Then enter this code: